

When to refer to your Occupational Therapist...

Warning Signs of Occupational Difficulties

3-4 year olds

- Unable to walk up or down stairs using alternating feet
- Unable to stack 10 cubes
- Does not use eating utensils well
- Unable to follow 2-3 step commands
- Does not joke or tease
- Does not name, count, sort, or compare (a small number of items)
- Does not show emotion and understand others' emotions
- Drops items when carrying them
- Unable to assist with most dressing tasks
- Does not copy a horizontal line, circle, or cross
- Difficulty drawing a person with 2-4 body parts
- Unable to cut paper in half

Kindergarten

- Difficulty tying knots
- Difficulty dressing independently
- Unable to balance on 1 foot (about 10 seconds)
- Does not run with coordination
- Difficulty copying triangle, coloring between lines, using mature pencil grasp
- Difficulty washing and drying hands well
- Unable to recall stories
- Unable to name 4 colors
- Difficulty counting 10 objects
- Difficulty writing their name
- Unable to play away from parent
- Not independent in using bathroom

1st and 2nd Grade

- Unable to tie bows, button, snap, or zip
- Difficulty skipping, galloping, or hopping
- Difficulty controlling an object (ball) with feet or hands
- Does not follow rules or self-regulate behavior
- Unable to work independently, challenge self
- Does not play well with peers

3rd and 4th Grade

- Difficulty jumping vertically
- Does not catch ball maturely
- Uncontrolled balance
- Does not take responsibility for actions
- Difficulty following rules respectfully
- Difficulty participating in groups

5th and 6th Grade

- Unable to participate in target sports (golf, bowling, etc.)
- Does not use time wisely (free time to do homework)
- Difficulty listening, following directions, and requesting help
- Difficulty with self-control related to conflict
- Does not cooperate with and support other students
- Difficulty with respect and concern for others



Call 262-497-7270
Now serving your school

The Playroom Inc. 2019 Copyright
6233 Durand Ave, Suite 104
Racine, WI 53406



References:

Dosman, C. F., Andrews, D., & Goulden, K. J. (2012). Evidence-based milestone ages as a framework for developmental surveillance. *Paediatrics & Child Health*, 17(10), 561–568.

Shepherd, L. (2005). Activities of daily living and adaptations for independent living. In J. Case-Smith, (Ed.), Occupational therapy for childrens, 5th ed. (p. 558) St. Louis, MO: Elsevier Mosby.

Wisconsin standards for physical education
<https://dpi.wi.gov/sspw/physicaled.html>

Call 262-497-7270
Now serving your school

The Playroom Inc. 2019 Copyright
6233 Durand Ave, Suite 104
Racine, WI 53406